

## PFAS 1633 Sampling Instructions



## Drinking Water, Waste Water, or Ground Water Perfluoroalkyl and Polyfluoroalkyl Compounds (PFAS) Collection Instructions

PRIOR TO COLLECTING THE SAMPLE -- Avoid wearing any: cosmetics, moisturizers, sun blocks, insect repellants, fragrances, creams, or other personal care products (including hair products). In addition, try to avoid coming into contact with these items before sampling: pre-packaged food, fast food, aluminum foil, brand new clothing, fabric softeners, anti-static sheets, waterproof clothing, waterproof markers, adhesive paper products, sealable bags (other than those provided), and any gasoline or other fuel.

In addition to the sampling supplies provided, you will need to include loose ice when shipping back samples.

**NOTE:** Keep the bottles in their bags until just before you are ready to collect the samples. The PFAS BAG should contain: two empty large bottles and one empty smaller bottle.

- 1. From the PFAS BAG, remove one of the two larger bottles.
- 2. Remove the cap from the bottle, hold the cap by its outside edge to avoid touching the inside of the cap, and place it face up on a clean surface.
- 3. Slowly fill to the neck of the bottle.
- 4. Secure the cap back on the bottle. Wipe down the outside of the bottle. Then, put the bottle in the PFAS BAG.
- 5. From the PFAS BAG, remove the second larger bottle.
- 6. Remove the cap from the bottle, hold the cap by its outside edge to avoid touching the inside of the cap, and place it face up on a clean surface.
- 7. Slowly fill to the neck of the bottle. Wipe down the outside of the bottle.
- 8. Secure the cap back on the bottle. Then, put the bottle in the PFAS BAG.
- 9. From the PFAS BAG, remove the smaller bottle. NOTE: This one is used for screening.
- 10. Remove the cap from the bottle, hold the cap by its outside edge to avoid touching the inside of the cap, and place it face up on a clean surface.
- 11. Slowly fill to the neck of the bottle.
- 12. Secure the cap back on the bottle. Wipe down the outside of the bottle. Then, put the bottle in the PFAS BAG.
- 13. Seal the PFAS BAG and place it into a cooler.
- 14. To keep the samples cold during shipping, fill the TWO LOOSE ICE BAGS, seal, and then put into a cooler.

If you only have ice packs available, please enclose and seal them inside the two bags labeled for loose ice.

**NOTE:** The **PFAS** BAG should contain: two larger **PFAS** bottles and one smaller **PFAS** bottle.

Questions

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